



COUNTY FIRE  
DISTRICT

# Be Ready Be Prepared: Make a Go Bag

Presented by the  
Los Altos Hills  
County Fire District

Saturday, April 18, 2026  
Los Altos Hills Town Hall



# Welcome and Introductions



**Denise Gluhan, Fire Captain (Ret.), LAHCFD**

**Community Education and Risk Reduction Manager**

**Debbie Stocksick, Battalion Chief (Ret.), LAHCFD**

**Dee King Raub, Fire Captain (Ret.), LAHCFD – Webinar Host**

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Housekeeping, Safety, Hybrid Etiquette

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AED, Fire Extinguishers, Restrooms

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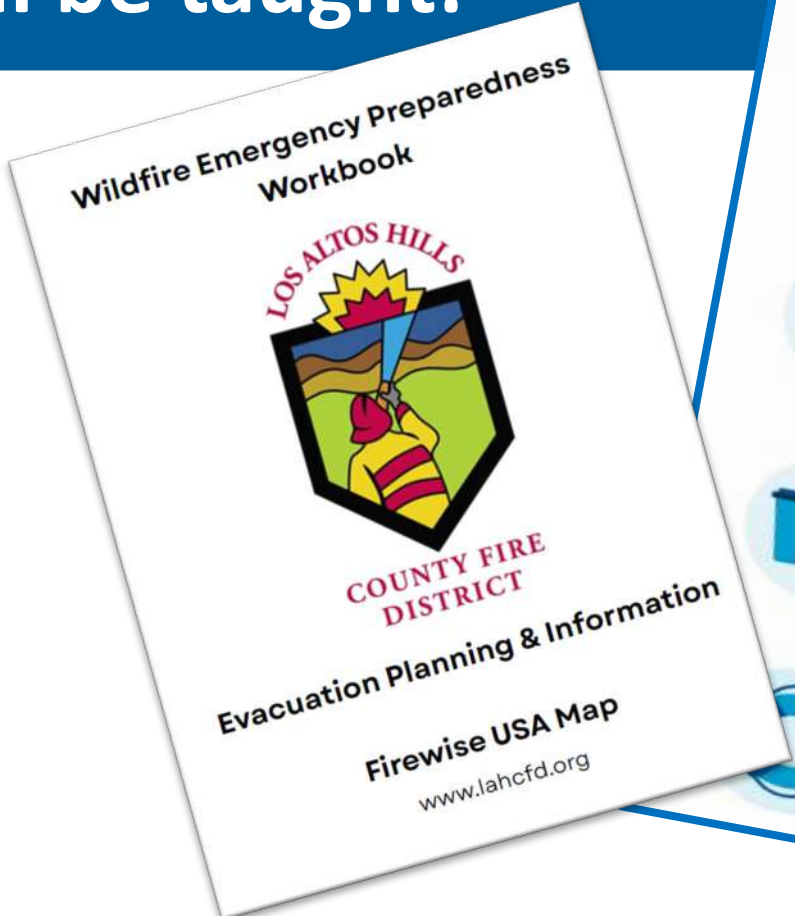
Two ways out of the Chambers

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Evacuation Meet at Parking lot by circle

# Class Objectives/Overview

## What will be taught:



The infographic is titled "SAFETY STEPS FOR ANY DISASTER" and is accompanied by a large yellow checkmark icon in the top right corner. It lists five steps, each with a corresponding icon:

- 1. GET ALERTS TO KNOW WHAT TO DO** (Icon: Smartphone with a warning bell)
- 2. PLAN TO PROTECT YOUR PEOPLE** (Icon: Two speech bubbles)
- 3. PACK A GO BAG WITH THINGS YOU NEED** (Icon: Blue backpack)
- 4. BUILD A STAY BOX FOR WHEN YOU CAN'T LEAVE** (Icon: Blue storage bin)
- 5. HELP FRIENDS AND NEIGHBORS GET READY** (Icon: Blue life preserver)

# Be Ready Be Prepared- 3 Steps



1

Sign-up for Alerts



2

Know Two Ways Out



3

Have a Go Bag / Kit



# SIGN UP FOR ALERTSCC

Santa Clara County's Official  
Emergency Alert System.



## Why Sign Up For AlertSCC?

- Stay ahead of emergencies and protect yourself and your loved ones.
- Receive vital alerts directly to your device, ensuring you're informed and prepared when it matters most.
- Your information in AlertSCC is confidential and secure, used only for alerting purposes.

## How Are Alerts Received?

- AlertSCC is free for everyone and easy to set up.
- Alerts are sent directly to your mobile device, landline, and/or email.
- You can decide how you want to receive alerts and set up alerts for loved ones.

## Types Of Alerts:



FIRE



EARTHQUAKE



SEVERE  
WEATHER



PUBLIC  
SAFETY



INSTRUCTIONS  
DURING A DISASTER



# Sign Up for AlertSCC

# Reporting An Emergency



## Calling 911 and being prepared for an emergency

### How to Report an Emergency:

- **Life-threatening emergency: Call 911**
- **Non-life-threatening emergency:**
  - Use the **PG&E Report It App**
  - Text “HELP” to the Town of Los Altos Hills at **(650) 946-1867** for assistance.



# Other Trusted Sources



**Los Altos Hills County Fire District:** [www.lahcfd.org](http://www.lahcfd.org)

**Santa Clara County Office of Emergency Management:**

<https://oem.santaclaracounty.gov/disaster-assistance-and-resources/emergency-resources-and-services>

**Town of Los Altos Hills Emergency Page:**

<https://www.losaltoshills.ca.gov/101/Emergency>

**National Weather Service (NWS):** <https://www.weather.gov/>

**PG&E Outage Resources & Map:**

[https://pgealerts.alerts.pge.com/?WT.mc\\_id=Vanity\\_outages](https://pgealerts.alerts.pge.com/?WT.mc_id=Vanity_outages)

**KFJC Radio (Foothill College):** Tune in to **89.7 FM** or download KFJC iPhone app for updates every hour

# Basic Tips for Any Disaster



Everyone you care for should carry identification.



Put written identification in children's school bags.



Consider a medical alert tag or bracelet.



Get pets updated tags and microchips.



Photos of families and pets can help you reunite.



**Carry Identification:** Families may be apart when disaster strikes. People and pets get separated.



**Build a Support Network:** Have a backup plan in case of emergency. Think about who you can rely on.



Keep car gas tank at least half full.



**GO BAG**

# Plan to Protect Your Pets



When you have a plan for you and your pets, it helps you stay calm and safe in an emergency.

If you must leave your home, your big and small pets need to go with you. They could get lost or hurt if they are left behind. Always get yourself to safety first.

Try to move your pets to safety *early*. Start getting your pets ready as soon as you hear a warning.



# Plan To Protect Your Pets

## Make a Plan For Your Pets

### ✓ Know Where to Go

Some shelters and hotels do not let pets inside. Make a list of safe places where your pets *can* go before an emergency happens.

### ✓ Have a Helper

Ask a family, friends, and neighbors to help care for your pets if you cannot. Give them a key and tell them your pets' feeding and medicine schedule.

### ✓ Use Pet ID Tags

Make sure your pets have a collar with a tag and a microchip. These should have your current phone number and address. This helps people return your pet if they get lost.

### ✓ Update Pet Records

Make sure your pets have all their shots. Some shelters, rescues, hotels, and clinics will need copies of vaccine records.



# Plan to Protect Your Pets



Emergencies affect our entire household, including our animals

This class focuses on creating a pet-inclusive emergency plan that keeps pets safe, calm, and supported during evacuations, shelter-in place events, and Public Safety Power Shutoff events

## Topics Covered-

- Building a personalized pet go bag (food, medications, carriers, toys, etc.)
- Creating a pet evacuation and reunification plan, including backup caregivers
- Keeping pets safe during inclement weather events and disaster situations

**Date:** Saturday, August 22, 2026

**Time:** 10:00am-12:00pm

**Location:** Los Altos Hills Town Hall

Be Ready Be Prepared: Build a Go Kit

## Be Ready Be Prepared: Animal Preparedness

August 22, 2026



Sign up at [lahcfd.org/classes](https://lahcfd.org/classes)



# Build an Emergency Supply Kit: Types of Go Bags



**PERSONAL:** Includes basics like food, water, first aid, meds, hygiene items, ID, basic tools, copies of important documents



**FAMILY:** Shared supplies + pet/children needs, copies of important family documents, clothing, food/water, sanitary supplies



**MOBILE KIT:** food, water, clothing tools, first aid supplies, documents

# Pack a Grab & GO BAG (Vehicle/Work Bag)



- **Minimum 1 Day Supply of Food & Water**



- **First aid kit**
- **Medications**



- **Flashlights**
- **Extra batteries**
- **Phone Chargers**

**DON'T FORGET YOUR DOCUMENTS**  
when packing for an emergency!



- **Copies of Important Documents in Waterproof Bag & Cash**
- **Personal Hygiene Items: Toothbrush, Toilet paper, Masks, Hand Sanitizer, Eye Care (Glasses)**



**Long Sleeve Shirt & Pants, Closed-toe Shoes, EXTRA SOCKS**

# Documents & Personal Information



IDs, insurance policies, medical info, prescriptions



Bank/credit info, titles/deeds, school records, pet records, Household effects inventory; **Store in waterproof pouch**



Digital backups (encrypted) + cloud; paper copies as fallback



Cash in small bills; spare keys; emergency contact info



More Packing a Go Bag Info: <https://www.state.gov/global-community-liaison-office/crisis-management/packing-a-go-bag-and-a-stay-bag>

# Pack a GO KIT With Things You Need for 3 Days



- 3 Day Supply of Food & Water

**DON'T FORGET YOUR DOCUMENTS**  
when packing for an emergency!



- First aid kit
- Medications
- Medical supplies



- Copies of Important Documents in Waterproof Bag & Cash
- Personal Hygiene Items: Toothbrush, Toilet paper, Masks, Hand Sanitizer, Eye Care



- Flashlights
- Extra batteries
- Hand-crank radio
- Phone Chargers



- Pet Supplies:
- Medications, Food Leash & Harness, Water & Food Bowl

# Refer to the Wildfire Emergency Preparedness Workbook

Pages 5 & 8

## GO BAG

- 3-day supply of food and water
- Evacuation map and contact list
- Prescriptions
- Eyeglasses/contact supplies
- Extra keys/credit cards/cash
- Cell Phone and chargers
- Copies of important documents
- Change of clothes
- Flashlight/radio/ extra batteries
- Sanitation supplies
- Pet supplies, food, water, waste bags, carrier, leash
- Pet vet, vaccine records & medical records, medicine, picture of you with your pet
- Shoes
- Comfort item(s) ie kids stuffed animal
- Work gloves, hat
- Safety goggles



### SPECIALTY ITEMS TO THINK ABOUT

- Easily carried valuables, jewelry, small art, figurines, coins, certificates
- Safe deposit box or lock box keys
- Photos
- PC or hard drive and chargers
- Originals of important papers or copies, birth certificate, passport
- Other medical info, health insurance card, list of doctors, pharmacy, hard copies of prescriptions

Questions? Email [Education@lahcfd.org](mailto:Education@lahcfd.org)

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## BASIC FIRST AID KIT ITEMS

- Variety of bandages
- Antibiotic ointment
- Antiseptic wipes
- Tweezers
- Cold compress
- Gloves
- Gauze pads and roller bandages
- Thermometer
- Pain reliever
- Water bottle
- Face mask for smoke rated N95
- Specialty supplies ie. Diabetes, prescription meds, etc.



Questions? Email [Education@lahcfd.org](mailto:Education@lahcfd.org)

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# Refer to the Wildfire Emergency Preparedness Workbook



Pages 6 & 7

**EMERGENCY GRAB LIST**

ONE FOR YOUR GO BAG

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**EMERGENCY GRAB LIST**

ONE FOR ELSEWHERE \_\_\_\_\_

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# Build A Stay Box For When You Can't Leave



## 4. BUILD A STAY BOX FOR WHEN YOU CAN'T LEAVE

In some disasters, you may be safer staying at home. In this case you might not have water to drink, to bathe or to flush the toilet. You might have no electricity to keep your food cold, turn on a light or charge your phone.

Add items to a Stay Box, for when you can't leave home. Prepare for at least **3 days** without water or electricity. Save up a little at a time, until you have enough for everyone in your household to get by. Remember any pets. If you already own a flashlight or a portable radio, keep it someplace easy to find.

### TO PACK NOW

#### WATER

Save up to 3 gallons per person, for drinking and washing.



#### FOOD

Set aside foods that won't spoil and require no cooking. You know best what you and your family like to eat.



#### TRASH BAGS

Set aside extra plastic bags, with ties, to use in a bucket for a toilet.



# Water & Food Guidelines



**Water: 1 gallon per person per day for at least 3 days (include your pets!)**



**Food: non-perishable, easy-to-prepare (energy bars, nuts, dried fruit, canned foods)**

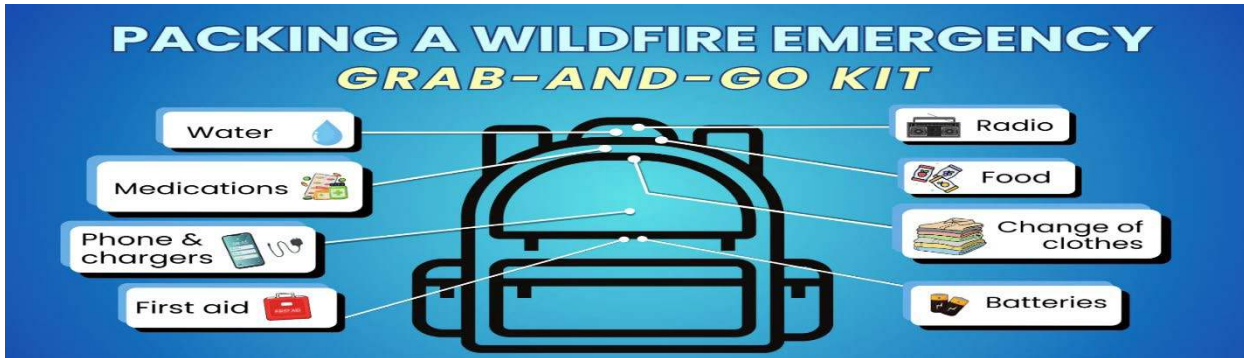


**Rotate & Review! Stock twice per year when you change your clocks & check expiration dates**



**Don't Forget! Manual can opener, utensils, napkins, trash bags, matches, candles**

# Types of Kits- Demonstrations



**Grab & Go Kit (Vehicle/Work Bag)**

**GO KIT-Things You Need for 3 Days**



**Build A Stay Box- For When You Can't Leave**

# Help Friends and Neighbors Get Ready

Identify neighbors who may need extra assistance. For example:

- Older adults
- Individuals with mobility challenges
- Households with young children
- Households with pets or livestock



# Refer to the Wildfire Emergency Preparedness Workbook




## Help Friends and Neighbors Get Ready Page 9



**NEIGHBORS**

- Who needs help?
- Who is home during the day?
- Who has kids? Pets?
- Do you share contact info?



Name:	Address:	
Cell Phone:	Home Phone:	Email:

Name:	Address:	
Cell Phone:	Home Phone:	Email:

Name:	Address:	
Cell Phone:	Home Phone:	Email:

Questions? Email [Education@lahcfd.org](mailto:Education@lahcfd.org)

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# Community Connect: Preparedness Programs



- Educates volunteers on disaster preparedness & identifying hazards
- Learn basic disaster response skills: Fire safety, Light search and rescue, Team organization, Basic medical



**FIREWISE USA<sup>®</sup>**  
Residents reducing wildfire risks



- Learn to take proactive steps to prevent wildfires and reduce fire risks
- Learn to create defensible space, brush clearing & improve home safety


- A nationally recognized & supported program backed by fire experts to make communities safer
- Emergency Support & Communication
- Resource Sharing & Community Safety

# Past Classes In January, February and March




Visit the LAHCFD Website for Past Presentations

**Be Ready, Be Prepared:  
Creating Emergency Plans**  
January 24, 2026




Sign up at [lahcfd.org/classes](http://lahcfd.org/classes)




[BRBP-Emergency-Plans-1\\_23\\_26.pdf](#)

**Be Ready Be Prepared:  
Inclement Weather**  
February 28, 2026



Sign up at [lahcfd.org/classes](http://lahcfd.org/classes)



[Be Ready Be Prepared: Inclement Weather – Los Altos Hills County Fire District](#)

**Be Ready Be Prepared:  
Build a First Aid Kit**  
March 28, 2026



Sign up at [lahcfd.org/classes](http://lahcfd.org/classes)



[2026-BRBP-Build-a-First-Aid-Kit-Pantner-3-28-2026.pdf](#)

**Thank you for Joining Us!**



**Any Questions?**

For more information, email: [education@lahcfd.org](mailto:education@lahcfd.org)